**Reflection and**

**Discussion Guide**

**UP: Passionate Spirituality**

*1 Jesus invites His disciples to follow Him (Mark 1:17). What does that mean, practically?*

*2. Read Micah 6:8. What does God require of you? Explain!*

*3. What does it mean “to walk with Jesus”? How can you do that?*

*4. Read Psalm 1.*

*What advice does this Psalm give you about developing your spiritual life?*

*What should you avoid?*

*What do you need to do?*

*What are the benefits?*

*5. What steps will you take this week in order to walk more intimately with God?*