

Rhythm: Just Like Jesus

Luke 6:12-19

I. The dimensions of Jesus' life

"¹²One of those days Jesus went out to a mountainside to pray, and spent the night praying to God. ¹³When morning came, he called his disciples to him and chose twelve of them, whom he also designated apostles...

¹⁷He went down with them and stood on a level place. A large crowd of his disciples was there and a great number of people from all over Judea, from Jerusalem, and from the coast of Tyre and Sidon, ¹⁸who had come to hear him and to be healed of their diseases. Those troubled by evil spirits were cured, ¹⁹and the people all tried to touch him, because power was coming from him and healing them all".

Luke 6:12-13, 17-19 (NIV)

1. _____ → _____

"...Jesus often withdrew to lonely places and prayed."

Luke 5:16 (NIV)

2. _____ → _____

"A new command I give you: Love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples, if you love one another."

John 13:34-35 (NIV)

3. _____ → _____

"Your attitude must be like my own, for I, the Messiah, did not come to be served, but to serve and give my life as a ransom for many."

Matthew 20:28 (LB)

II. In a Jesus-shaped community...

1. ... _____

2. ... _____

3. ... _____

4. ... _____

A Jesus-shaped Life

Intro: What do you think made Jesus' life so compelling for so many people? What aspect of His life stands out to you and impacts you in particular?

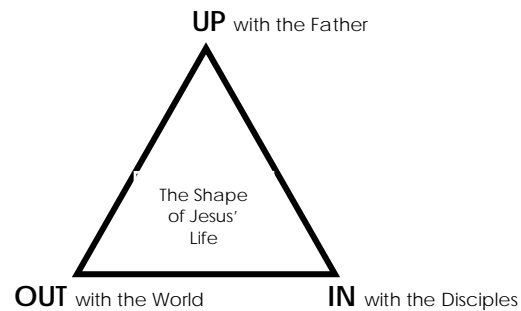
Read: Luke 6:12-19

1. Throughout the Gospels (Matthew, Mark, Luke and John), we often see Jesus retreating to solitary places to pray as He does here in v.12. Why would Jesus have chosen such places? What do you think happened during these times?

2. Clearly, Jesus spent time with His Father to nurture His relationship with Him. But there may be other reasons why Jesus spent so much time in prayer. What evidence might v.13 give to that end in light of v.17?

3. Having spent time alone with the Father, and having chosen His team, Jesus then turns His attention to the needs of the many people gathered on the plain. Who's in the crowd? Why did they come? How does Jesus go about meeting their needs?

4. Jesus very deliberately lived His life in three dimensions:



5. The above picture helps us gauge our growth as we endeavour to become more like Jesus in these three key aspects of our lives. If you rated yourself on a scale of 1-10 (1- low, 10-high), how would you say you are doing in each aspect of your life? What can you do this week to take a step forward in your relationship with God (UP), your relationships with other Christ-followers (IN), and in how you are living to impact the world (OUT)? Invite God's Spirit to assist you to that end and report to a friend in a week.