



## THINK ON IT...

1. "No More Tears to Cry" – can you relate to that experience? How?
2. Have you ever felt that what you've done is unforgivable?
3. What are common ways to cope with despair and pain?

### **Read Psalm 130:**

4. As you try to recapture the feeling of despair how does v.4 sound to you?
5. Why does God forgive?
6. Can you identify with v.5-6? How?
7. The poet shares how he eventually found comfort in God's promises (v.7-8).  
What would you like to share with others about how God comforted you?
8. How has God spoken to you through this Psalm?
9. What do you think you need to do?