

**THINK ON IT...**

1.  What makes you really angry?

2.  Is the feeling of anger good or bad?

***Read Matthew 5:21-26***

3.  What do you think Jesus wants to say in v.21-22? Is Jesus intensifying the Old Testament Law? Is He laying down a new law?

4.  Look at v.23-24. What kind of person would do what Jesus is describing in these verses? What does that have to do with the command “do not murder”?

5.  How do you understand v.25-26? How is that connected to the command?

6.  As you take another look at this text what is Jesus trying to say? What kind of character does a really good person have when it comes to anger and contempt?

7.  How can I become such a person? What kind of spiritual disciplines could help me dealing with anger or contempt?