

Basic tips for **PRAYER WALKING**

What is prayer walking?

Prayer walking is often described as “praying on-site with insight.” The purpose is to seek God’s guidance, mercy and transforming power for your neighborhood and for you as God’s ambassadors.

Trust the Holy Spirit to guide you

As you begin, ask God to reveal the things that are on His heart. Then, as you walk, look for the things He draws your attention to. Allow God to use all your senses to guide your prayers for your community.

Be on-scene without making one

There are many ways to prayer walk. You can walk alone or in a group. You may choose to pray aloud in a conversational tone alternating who is praying similar to normal conversation or you may choose to pray silently.

What can I pray for

Pray for discernment Seek the gift of seeing your neighborhood through God’s eyes.

Pray for blessing Pray over every person, home, and business you encounter

Pray with empathy Consider your neighbor’s experience and pray for areas of need or challenge and thank God for areas of blessing

Pray from Scripture As Scripture comes to mind, pray it for your community

Pray in God’s power Ask the Holy Spirit to fill you with confidence knowing we pray in the power of Jesus’ name

Pray for people

Pray for the people you encounter on your walk and for neighbors living in the homes around you. Pray that they experience the hope and peace that you have found through your faith. Pray over the ways the pandemic may be affecting them behind closed doors. Pray for their needs physically, emotionally, spiritually, mentally and financially. Pray for safety and unity within homes and for peace in relationships.

Pray for places of activity

Pray for the gathering places in your community. Consider the abandoned playgrounds and pray for the children yearning to play on them. Pray for businesses, owners, and employees during this season of challenge. Pray for the safety of those people providing essential services. Pray for people to find the signs of hope around them.

Celebrate the interruptions

As you encounter people on your walk, allow these interruptions to be divine appointments. Be friendly. Engage in conversation. If people ask what you are doing, you may even explain by saying, “We are praying God’s blessing on our neighborhood.” You may even ask if there is anything they would like you to include in your prayers.