

†
- *Psalms for* -
LENT

†
- *Psalms for* -
LENT

Psalm 142
Trapped!!!

1. Struggle

†
- *Psalms for* -
LENT

1. Struggle

Psalm 142

A maskil of David. When he was in the cave. A prayer.

†
- *Psalms for* -
LENT

2. Powerlessness

✝
- *Psalms for* -
LENT

2. Powerlessness

¹ I cry aloud to the Lord; I lift up my voice to the Lord for mercy. ² I pour out before him my complaint; before him I tell my trouble. ³ When my spirit grows faint within me, it is you who watch over my way. In the path where I walk people have hidden a snare for me.

†
- Psalms for -
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3. Aloneness

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- *Psalms for* -
LENT

3. Aloneness

*⁴ Look and see, there is no one at my right hand;
no one is concerned for me. I have no refuge,
no one cares for my life.*

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- *Psalms for* -
LENT

4. Help

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LENT

4. Help

⁵ I cry to you, Lord;

I say, "You are my refuge, my portion in the land of the living." ⁶ Listen to my cry, for I am in desperate need; rescue me from those who pursue me, for they are too strong for me.

†
- *Psalms for* -
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5. Freedom

✝
- *Psalms for* -
LENT

5. Freedom

⁷ Set me free from my prison, that I may praise your name. Then the righteous will gather about me because of your goodness to me.

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Jesus Knew Struggle

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Jesus Knew Struggle

1. Jesus ministered

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Jesus Knew Struggle

1. Jesus ministered
2. He had a following

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Jesus Knew Struggle

1. Jesus ministered
2. He had a following
3. He became popular

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Jesus Knew Struggle

1. Jesus ministered
2. He had a following
3. He became popular
4. His friends abandoned him...for doing what is right

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Jesus Knew Struggle

5. His cup was not taken from him...

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Jesus Knew Struggle

5. His cup was not taken from him...

6. He was betrayed and denied

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Jesus Knew Struggle

5. His cup was not taken from him...

6. He was betrayed and denied

7. He died with only a few

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Questions:

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Questions:

- What is your struggle?

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Questions:

- What is your struggle?
- Where do you go when you feel powerless?

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Questions:

- What is your struggle?
- Where do you go when you feel powerless?
- How do you reach out to God when you feel alone?

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Questions:

- What is your struggle?
- Where do you go when you feel powerless?
- How do you reach out to God when you feel alone?
- Where do you seek help?

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Questions:

- What is your struggle?
- Where do you go when you feel powerless?
- How do you reach out to God when you feel alone?
- Where do you seek help?
- How can God help you experience freedom?

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LENT



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- *Psalms for* -
LENT



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- *Psalms for* -
LENT