

# THE ARMOR OF GOD

SPIRITUAL ARMOR FOR EVERYDAY BATTLES



# THE ARMOR OF GOD

RENEWING OUR MINDS

*Ephesians 6:10-17*



# EPHESIANS 6:10-17 (NIV)

## THE ARMOR OF GOD

<sup>10</sup> Finally, be strong in the Lord and in his mighty power.

<sup>11</sup> Put on the full armor of God, so that you can take your stand against the devil's schemes. <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

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## EPHESIANS 6:10-17 (NIV)

<sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace.

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# EPHESIANS 6:10-17 (NIV)

<sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

<sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God.

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# ARMOR

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# ARMOR

- Belt of Truth

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# ARMOR

- Belt of Truth
- Breastplate of Righteousness

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# ARMOR

- Belt of Truth
- Breastplate of Righteousness
- Shoes of Peace & Readiness

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# ARMOR

- Belt of Truth
- Breastplate of Righteousness
- Shoes of Peace & Readiness
- Shield of Faith In Action

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# ARMOR

- Belt of Truth
- Breastplate of Righteousness
- Shoes of Peace & Readiness
- Shield of Faith In Action
- **Helmet of Salvation**

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# ARMOR

- Belt of Truth
- Breastplate of Righteousness
- Shoes of Peace & Readiness
- Shield of Faith In Action
- **Helmet of Salvation**
- Sword of the Spirit

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# HELMET - galea

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# HELMET - galea

## ISAIAH 59:17

<sup>17</sup> He put on righteousness as his breastplate,  
and the helmet of salvation on his head;  
he put on the garments of vengeance  
and wrapped himself in zeal as in a cloak.

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# HELMET - galea

## 1 THESSALONIANS 5:8

<sup>8</sup> But since we belong to the day, let us be sober, putting on faith and love as a breastplate, and the hope of salvation as a helmet.

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# RECEIVED, RENEWED, TRANSFORMED

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# RECEIVED, RENEWED, TRANSFORMED

## ROMANS 12:1-2 (NIV)

<sup>1</sup> Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. <sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

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# RECEIVED, RENEWED, TRANSFORMED

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# RECEIVED, RENEWED, TRANSFORMED

➤ Receiving

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified
- Renewal

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified
- Renewal
  - Restore

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified
- Renewal
  - Restore
  - Sanctified

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified

- Transformation

- Renewal
  - Restore
  - Sanctified

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified

- Transformation
  - Event

- Renewal
  - Restore
  - Sanctified

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# RECEIVED, RENEWED, TRANSFORMED

- Receiving
  - Rescuing
  - Justified

- Transformation
  - Event
  - Process

- Renewal
  - Restore
  - Sanctified

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# RECEIVED, RENEWED, TRANSFORMED

## ➤ Receiving

- Rescuing
- Justified

## ➤ Renewal

- Restore
- Sanctified

## ➤ Transformation

- Event
- Process
- Result

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# PROTECTING OUR MINDS

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# PROTECTING OUR MINDS

## 1 PETER 5:8

<sup>8</sup> Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

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# MUSHY BRAINS

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# MUSHY BRAINS

Our thoughts evoke feelings that are affected by our experience causing us to lose control over them.

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking
- Overgeneralization

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking
- Overgeneralization
- Mind Reading

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking
- Overgeneralization
- Mind Reading
- Catastrophizing

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking
- Overgeneralization
- Mind Reading
- Catastrophizing
- Magnifying

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking
- Overgeneralization
- Mind Reading
- Catastrophizing
- Magnifying
- Personalization

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# Patterns of limited thinking:

## *Dr. Matthew McKay*

- Filtering
- Polarized thinking
- Overgeneralization
- Mind Reading
- Catastrophizing
- Magnifying
- Personalization
- Shoulds

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# QUESTIONS:





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1. What thought patterns do I struggle with?





# QUESTIONS:

1. What thought patterns do I struggle with?
2. What are my limitations of thinking that need to be addressed?





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3. How can I focus my prayers on renewal and transformation?





# QUESTIONS:

1. What thought patterns do I struggle with?
2. What are my limitations of thinking that need to be addressed?
3. How can I focus my prayers on renewal and transformation?
4. How am I experiencing transformation in my life?





# QUESTIONS:

1. What thought patterns do I struggle with?
2. What are my limitations of thinking that need to be addressed?
3. How can I focus my prayers on renewal and transformation?
4. How am I experiencing transformation in my life?
5. Who is helping me?



