

Jesus Followers

The background features several large, overlapping organic shapes. On the left, a dark red shape curves upwards. In the center, a dark brown shape overlaps with a teal shape on the right. Below these, a lighter brown shape curves across the bottom. The overall composition is abstract and layered.

Jesus Followers

God Transforms Us
Through Embodied

Having the Mind of Christ

Eight Axioms to Cultivate a Robust Faith

Ben Sternke and Matt Tebbe



1. God is always present and at work.



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- 2. God is just like Jesus.**
- 3. God meets us in our messy reality**
- 4. God cares more about all of that than we do**



5. God does the same work through us and in us.



- 5. God does the same work through us and in us**
- 6. God's love always reckons with power.**



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- 6. God's love always reckons with power.**
- 7. God transforms us through embodied participation.**
- 8. God is love, so it is all about love.**



“We get from the head to the heart through the hands.”

- Brené Brown



“You cannot do it alone, but it will not be done for you.”

- Dallas Willard



“We grow in love by putting Jesus’ teaching into concrete practice, trusting God to meet us in our failures and struggles as we do so.”

- Ben Sternke and Matt Tebbe



What skill do you have that required practice?



The Sermon on the Mount

Matthew 5-7



²⁴ “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. ²⁵ The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.



Matthew 7:24-29

²⁶ But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. ²⁷ The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.”



Matthew 7:24-29

²⁸ When Jesus had finished saying these things, the crowds were amazed at his teaching, ²⁹ because he taught as one who had authority, and not as their teachers of the law.



Matthew 7:24-29

Putting Jesus' Teaching into Practice:

- Not on external performance



Putting Jesus' Teaching into Practice:

- Not on external performance
- Not just imitating behaviour



Putting Jesus' Teaching into Practice:

- Not on external performance
- Not just imitating behaviour
- Not piling up a list of practice



Putting Jesus' Teaching into Practice:

- Is embodied participation



Putting Jesus' Teaching into Practice:

- Is embodied participation
- Is inhabiting the life of Christ



Putting Jesus' Teaching into Practice:

- Is embodied participation
- Is inhabiting the life of Christ
- Is sharing in God's eternal life by taking concrete steps of embodied trust



Learning by...



Learning by...
Doing



Learning by...

Doing

Failing



Learning by...

Doing

Failing

Reflecting



What is something you are good at?
How did it develop your skill?



**What is your reaction to the failures
you have had in your journey?**



**Do you remember a time when you
learned a lot from your failure?**



What step do you need to take in actively participating in God's work?



**Who can help you prepare and
reflect on your experience?**



