

DISCOVERING

Jesus

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Jesus

LUKE 13:10-21

SABBATH REST

Luke 13:10-21

Jesus Heals a Crippled Woman on the Sabbath

¹⁰ On a Sabbath Jesus was teaching in one of the synagogues,
¹¹ and a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all.



12 When Jesus saw her, he called her forward and said to her, “Woman, you are set free from your infirmity.”

13 Then he put his hands on her, and immediately she straightened up and praised God.

14 Indignant because Jesus had healed on the Sabbath, the synagogue leader said to the people, “There are six days for work. So come and be healed on those days, not on the Sabbath.”

Luke 13:10-21



¹⁵ The Lord answered him, “You hypocrites! Doesn’t each of you on the Sabbath untie your ox or donkey from the stall and lead it out to give it water? ¹⁶ Then should not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen long years, be set free on the Sabbath day from what bound her?”
¹⁷ When he said this, all his opponents were humiliated, but the people were delighted with all the wonderful things he was doing.

Luke 13:10-21



The Parables of the Mustard Seed and the Yeast

¹⁸ Then Jesus asked, “What is the kingdom of God like? What shall I compare it to? ¹⁹ It is like a mustard seed, which a man took and planted in his garden. It grew and became a tree, and the birds perched in its branches.”

Luke 13:10-21

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²⁰ Again he asked, “What shall I compare the kingdom of God to?
²¹ It is like yeast that a woman took and mixed into about sixty pounds of flour until it worked all through the dough.”

Luke 13:10-21

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PHYSICAL HEALING



PHYSICAL HEALING SPIRITUAL HEALING



Anger = Bitterness

Doubt

Anxiety

Sadness

Loneliness

Grudges

Strongholds

Barriers

Pain

Suffering

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1. Jesus Breaks Their Rules



1. Jesus Breaks Their Rules

- Tradition Supported Jesus



1. Jesus Breaks Their Rules

- Tradition Supported Jesus
- Value of Life Justified Jesus



1. Jesus Breaks Their Rules

- Tradition Supported Jesus
- Value of Life Justified Jesus
- Conscience Empowered Jesus



2. Sabbath Law vs. Gift



3. Sabbath Pause



3. Sabbath Pause

- Pruning



3. Sabbath Pause

- Pruning
- Restoring



3. Sabbath Pause

- Pruning
- Restoring
- Re-story



Work and Fruitfulness vs. Rest and Abiding



1. How do you process the power of Jesus to heal?



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2. How do you observe Sabbath rest in your life?



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3. What changes do you want to make in your patterns of work and rest - fruitfulness and abiding?



1. How do you process the power of Jesus to heal?
2. How do you observe Sabbath rest in your life?
3. What changes do you want to make in your patterns of work and rest - fruitfulness and abiding?
4. Who can help you with establishing better patterns?





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